



**Suwanee Sports Academy
3640 Burnette Road
Suwanee, GA 30024**

SCHEDULE August 5-7, 2011

ALL PARTICIPANTS MUST CHECK IN AT SUWANEE SPORTS ACADEMY ON FRIDAY A.M. AUG 5

Friday August 5, 2011

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| 7:30-9:00 | Player Check-In / Uniform Distribution | |
| 9:00-9:15 | Opening / Introduction | |
| 9:15-9:30 | Dynamic Flex Warm Up / On-Court Conditioning | |
| 9:30-10:00 | 8G: Skills Stations | 7G, 6G: Seminars |
| 10:00-10:30 | 8G: Skills Stations | 6G, 7G: Seminars |
| 10:30-11:00 | 6G/7G: Skills Stations | 8G: Seminars |
| 11:00-11:30 | 6G/7G: Skills Stations | 8G: Seminars |
| 11:30-12:00 | Team Practices 8G | |
| 12:00-12:30 | Team Practices 6G/7G | |
| 12:00-1:30 | LUNCH | |
| 1:00-2:00 | <i>Special Guest Speaker Series: TBA</i> | |
| 2:00-3:00 | 6G/7G Games: Session #1 | |
| 3:00-4:00 | 8G Games: Session #1 | |
| 4:00-6:00 | DINNER | |
| 6:00-7:00 | 6G/7G Games: Session #2 | |
| 7:00-8:00 | 8G Games: Session #2 | |

Saturday August 6, 2011

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| 9:00-9:15 | Opening / Introduction | |
| 9:15-9:30 | Dynamic Flex Warm Up / On-Court Conditioning | |
| 9:30-10:00 | 8G: Skills Stations | 7G, 6G: Seminars |
| 10:00-10:30 | 8G: Skills Stations | 6G, 7G: Seminars |
| 10:30-11:00 | 6G/7G: Skills Stations | 8G: Seminars |
| 11:00-11:30 | 6G/7G: Skills Stations | 8G: Seminars |
| 11:30-12:00 | Team Practices 8G | |
| 12:00-12:30 | Team Practices 6G/7G | |
| 12:00-1:30 | LUNCH | |

1:30-2:00 *Special Guest Speaker Series: TBA*
1:00-2:00 6G/7G Games: Session #3
2:00-3:00 8G Games: Session #3
3:00-6:00 OPEN / DINNER
6:00-7:00 6G/7G Games: Session #4
7:00-8:00 8G Games: Session #4

Sunday August 7, 2011

8:30-9:00 Dynamic Flex Warm Up / On-Court Conditioning
9:00-10:00 6G/7G Games: Session #5
10:00-11:00 8G Games: Session #5
11:00-11:30 *Special Guest Speaker Series: TBA*
11:30-12:00 POWERADE Skills Competition / Lunch
12:00-1:00 6G/7G Games: Session #6
1:00-2:00 8G Games: Session #6
2:00-2:30 Awards
2:30-3:30 6G ALL-AMERICAN GAME
 7G ALL-AMERICAN GAME
 8G ALL-AMERICAN GAME

Subject to change