



**Suwanee Sports Academy
3640 Burnette Road
Suwanee, GA 30024**

GIRLS SCHEDULE August 1-3, 2010

PARTICIPANTS MUST CHECK IN AT SUWANEE SPORTS ACADEMY BETWEEN 5:00PM-8:00PM ON THURSDAY JULY 31!!! 7:30AM-8:00AM SUN 8/1 LATE CHECK-IN.

Saturday, July 31, 2010

10:00-5:00 Players Arrive – Check into camp hotel Hampton Inn Sugarloaf
4:30 Media Check-In opens – Media and Scouts can begin to pick up credentials
5:00-8:00 Players Check-In at Suwanee Sports Academy

Sunday August 1, 2010

8:00-8:30 Opening / Introduction / Dynamic Flex Warm Up
8:30-9:00 9G: Skills Stations 8G, 7G: Seminars
9:00-9:30 7G: Skills Stations 9G, 8G: Seminars
9:30-10:00 8G: Skills Stations 7G, 9G: Seminars
10:00-10:30 Team Practices 9G
10:30-11:00 Team Practices 7G
11:00-11:30 Team Practices 8G
11:30-12:30 LUNCH
12:30-1:00 *Special Guest Speaker Series: Featured Speaker TBA*
1:00-2:00 7G Games: Session #1
2:00-3:00 8G Games: Session #1
3:00-4:00 9G Games: Session #1
4:00-6:00 DINNER
6:00-7:00 7G Games: Session #2
7:00-8:00 8G Games: Session #2
8:00-9:00 9G Games: Session #2

Monday August 2, 2010

8:00-9:00 Announcements / Dynamic Flex Warm Up
9:00-10:00 7G: Skills Stations 8G, 9G: Seminars
10:00-11:00 8G: Skills Stations 9G, 7G: Seminars
11:00-12:00 9G: Skills Stations 7G, 8G: Seminars

12:00-1:00 LUNCH
1:00-2:00 *Special Guest Speaker Series*: Featured Speaker TBA
2:00-3:00 7G Games: Session #3
3:00-4:00 8G Games: Session #3
4:00-5:00 9G Games: Session #3
4:00-7:00 DINNER
6:00-7:00 7G Games: Session #4
7:00-8:00 8G Games: Session #4
8:00-9:00 9G Games: Session #4

Tuesday August 3, 2010

7:30-8:00 Announcements / Dynamic Flex Warm Up / On-Court Conditioning
8:00-9:00 7G Games: Session #5
9:00-10:00 8G Games: Session #5
10:00-11:00 9G Games: Session #5
11:00-12:00 Lunch
12:00-1:00 7G Games: Session #6
1:00-2:00 8G Games: Session #6
2:00-3:00 9G Games: Session #6
3:00-4:00 7G, 8G and 9G ALL-AMERICAN GAMES

Subject to change